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Good Cheap Eats Dinner In 30 Minutes Or Less: Fresh, Fast, And Flavorful Home-Cooked Meals, With More Than 200 Recipes



Synopsis

In over 200 recipes, Jessica Fisher shows time-pressed cooks how they can eat remarkably well without breaking the bank. *Good Cheap Eats* serves up 65 two-course dinners, consisting of a main dish and a substantial side, salad, or soup, all of which take 30 minutes or less to prepare. And as a mother of six and a busy parent, she shows home cooks how to get dinner on the table quickly and inexpensively without relying on heavily processed shortcuts or artificial ingredients. Great for time-pressed couples, families with picky eaters, or singles that need a quick solution to dinner tonight, Jessica's two-course pairings are artfully conceived and perfectly complementary.

Book Information

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Serves 4 This pasta salad is delicious warm, at room temperature, or chilled. Obviously, in 30 minutes you won't have time to chill it, but know that leftovers will taste awesome. If you've got a few more minutes, grill the shrimp for an extra burst of flavor.

Directions 1. Bring a large pot of salted water to a boil over high heat. Cook the linguine according to the package directions just until al dente. Drain and rinse with cool water. 2. In a large nonstick skillet, heat the oil over medium-high heat until shimmering. Add the shrimp and season to taste with salt and pepper. Sauté until the shrimp turns pink and is cooked through, about 10 minutes. 3. Place the pasta in a large salad bowl and toss with the pesto, distributing it evenly. Season to taste with salt and pepper. 4. Divide the pasta among four dinner plates. Distribute the shrimp, pepper strips, tomatoes, and olives among the plates. Garnish with Parmesan and parsley

and serve. Make it Ahead The salad can be stored in a covered container in the refrigerator for up to 4 days. Ingredients 1 pound linguine 1 tablespoon olive oil 1 pound peeled medium shrimp, thawed if frozen Fine sea salt and freshly ground black pepper 3Â½ Â•Â 4 cup prepared pesto 1 large red bell pepper, cored and julienned 1Â½ Â•Â 2 cup julienned sun-dried tomatoes, drained if using jarred 1Â½ Â•Â 2 cup pitted black olives Shredded Parmesan cheese, for garnish Chopped fresh parsley, for garnish

"The book is full of great ideas for busy cooks wanting to serve nutritious meals in short order. The recipes are simple and easy to follow - Milwaukee Journal Sentinel

JESSICA FISHER is a busy mom of six children, ranging from kindergarten to high school. Homeschool mom by day, freelance writer and blogger by night, she writes two popular blogs, LifeasMom.com and GoodCheapEats.com. Jessica has written online for The Kitchn, Life Your Way, Money Saving Mom, \$5 Dinners, and Simple Mom and in print for more than 85 regional parenting publications in the U.S. and Canada. She lives with her husband and children in San Diego, California and is an avid home cook. She is also the author of Not Your Mother's Make-Ahead and Freeze Cookbook.

Though I like this book, and it is well written, many of the recipes are not cheap to make. I know this depends on the area where you live so maybe I live in an area which charges more for groceries. Will not use this book at all.

Being a mama of three kids in elementary school and middle school, life is busy! However one thing that I value is having dinner as a family. Good Cheap Eats in 30 Minutes is an amazing tool in helping this to occur. With a great variety of recipes that aren't going to bust my grocery budget, I am able to make a nutritious dinner that we will all enjoy. This is a win/win in my book!

As a busy mom, I am excited about this cookbook! The recipes seem do-able, don't require a lot of time or difficult steps, and lead to 2-course meals that are healthy, homemade, and tasty. My new go-to wedding gift!

Well-written & thought out recipes that are delicious, too. I have had the book for only 2 days, and I have made 4 recipes & they all turned out great. I like the fact that each recipe is coded with

important info: For example, Meatless, Gluten Free, etc. The photos help too, since I am a pretty visual person & the photography is very nicely done. This is not super fancy food, and that is exactly what I was looking for when I ordered the book. Every single ingredient can be bought in any grocery store throughout America. Highly recommended!

I have several hundred cookbooks, but this is the one I use the most. Easy, delicious and inexpensive recipes.

I purchased this cookbook after trying several of Jessica's recipes from her blog. I have not been disappointed and it is one of my most used cookbooks. I always pull it out first when preparing my menu for the week. The recipes really are quick and easy but so tasty! We have to eat a gluten free diet and most of the recipes are easily converted to gluten free. I'm hoping to add Jessica's other two cookbooks to my shelf.

I just received my copy that I had preordered. So glad I have this book in my hands now that the busy school season has begun. I have tried other recipe books that the author had written and they are my favorite cookbooks. Jessica's recipes are very healthy and have great flavor every time. I use many of her recipes for entertaining. They are that good!!

I purchased this cookbook as soon as it was released, just as I have with her other cookbooks! I am always looking for quick and low cost meals for my picky eaters. With Jessica's books, I have been able to get a couple of people in my house to try new things in the food department. With this book, I even was able to have my daughter go through it and let me know what she wants to try as the first few recipes. I haven't found a bad recipe in one of her books yet!

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